

# 30 Day Declutter Challenge

30 Simple Solutions To Declutter Your Home!  
simplemomreview.com

Get a handle on clutter with this easy 30 day checklist! Commit to spending at least 15 minutes per day (although you can spend more if you have the time).

At the bottom of the list you will also find helpful recommendations that will help you declutter and organize your space. These items are not essential, however, many of these items you might find useful.

## Day 1

- Kitchen Pantry

Check the pantry for expired items. Throw away old food or donate unused items you want to get rid of to the food pantry. If you want to take more than 15 minutes, you can also clean crumbs and spills off the shelves and group items together. You can also check out [15 Tips To Organize Your Kitchen](#).

## Day 2

- Refrigerator/Freezer

Toss any outdated or broken jars from your fridge and freezer.

## Day 3

- Kitchen Appliances

Check for broken appliances and utensils. Do you have multiples of any items? Consider donating, throwing them out, or recycling them.

## Day 4

- Under Sinks

Check under all the cabinets under the sinks. Get rid of broken, expired, or unwanted items.

## **Day 5**

- Books/Magazines

Get rid of outdated magazines. Donate or sale used books and throw away paper clutter.

## **Day 6**

- Entryway

## **Day 7**

- Junk Drawer

Get rid of papers, organize take out menus, group items together such as paper clips, pens.etc..

## **Day 8**

- Closets

Go through all the adults closets. Get rid of or sale any clothes that do not fit, have stains or holes that cannot be salvaged, or items you no longer wear. Be sure to check out [12 Clever Closet Organization Ideas](#).

## **Day 9**

- Socks/Underwear

Get rid of socks that are missing matches, broken bra straps or wires, and items that don't fit.

## **Day 10**

- Shoes

Donate or get rid of any shoes that are worn out, or kids shoes that do not fit.

## **Day 11**

- Nightstand

## **Day 12**

- Makeup/Toiletries

Toss any expired makeup, get rid of dried out nail polish, remove duplicates or any items that are broken or missing lids. Toss any items you won't use or is outdated.

## **Day 13**

Accessories

Go through and get rid of scarfs you no longer like, belts that don't fit or have broken buckles, jewelry you no longer want, and extra caps or hats you no longer need or want.

**Day 14**

Handbag/Wallet

Get rid of old receipts, papers, old business cards, broken pens, and other unwanted items.

**Day 15**

Toys/Games

Get rid of broken toys, toys the kids have outgrown, games that are missing pieces or no longer played with, used coloring books, broken crayons and other unwanted items.

**Day 16**

Laundry Room

Throw away trash, broken hangers, broken laundry baskets, expired or empty laundry products.

**Day 17**

Cleaning Products

Take inventory of what you have. If you have multiples of the same item, try to consolidate them. Get rid of expired items. Try to use what you have and opt for more all purpose cleaning products the next time you shop to take up less space.

**Day 18**

Linen Closet

Group items such as sheets, bedding and paper items together. Get rid of anything that is worn out, or outdated.

**Day 19**

Medicine Cabinet

Dispose of expired medicine and vitamins. Organize items by category. You can also check out [10 Tips for Organizing Your Bathroom](#)

**Day 20**

Pet Products

Get rid of extra toys, collars, leashes and expired pet food.

**Day 21**

Tech Items

Get rid of extra cords that you no longer have the items to. Throw out broken remotes, broken computer accessories, old manuals you no longer need. Consider setting up a tech charging station for phones and tablets if you do not already have one. [The Amazon Trade-In Program](#) also allows you to trade in eligible used tech items for an Amazon gift card.

**Day 22**

Office/Desk

Clear clutter from the top of your desk. Get rid of items or store items that you do not need or are taking up space. Consider a filing system setup if you do not already have one to keep paper clutter at bay.

**Day 23**

Travel Items

Get rid of or fix broken suitcases and bags. Keep toiletries bag, packing cubes and other travel related products together.

**Day 24**

Kids Closets

Get rid of or donate clothes that are too small, worn out or items they will never wear. Store any off season clothing or items that may fit a sibling later on.

**Day 25**

Seasonal Items

Get rid of out of date looking decorations, old party supplies, broken or unwanted camping gear, broken umbrellas, etc...

**Day 26**

Garage

This area can easily seem like an overwhelming task. If you're short on time, commit to throwing out or donating at least 5 or 10 items. If you have more time group items together such as seasonal, sports equipment etc.. Get rid of or donate broken equipment, tools or old electronics.

### **Day 27**

- Outdoor/Patio

Pick up trash, get rid of any worn out cushions, or broken planters. Pick up and store any gardening tools.

### **Day 28**

- Car

Pick up any trash, bring in kids toys, remember to check under the seats and door compartments. Clean out the glove compartment and make sure essential items, such as insurance and registration items are in there. **Tip:** Keep a [plastic bag dispenser](#) or small trash can in the car to keep unwanted trash off the floor.

### **Day 29**

- Emails/Computer

Delete old emails and files. Organize pictures, delete duplicate files, delete unused programs.

### **Day 30**

- Your Choice

Spend your time today decluttering any area of your choosing. Yay! You made it! :)

## **Recommendations**

*\*The recommendations below are affiliate links. If you click on the link and make a purchase, I make a small commission, at no extra cost to you of course.*

### **Kitchen**

[SimpleHouseware Over the Cabinet Door Organizer Holder](#)

[2 Pack - SimpleHouseware Under Shelf Basket](#)

[Food Storage Containers 20-Piece Set](#)

[Greenco GRC0250 6 Piece Refrigerator and Freezer Stackable Storage Organizer Bins with Handles](#)

### **Desk/Drawers**

[madesmart Basic Gadget Tray Organizer](#)

[mDesign Stackable Battery Storage Organizer Box](#)

[Oakome Desk Organizer Tray, Desk Files Drawer Organizer Set with Double Tray and 5 Upright Sections](#)

### **Closets**

[Sorbus Foldable Storage Bag Organizers](#)

### **Tech**

[Simicore Charging Station Dock & Organizer for Smartphones, Tablets & Other Gadgets](#)

[YOCOUCable Management System](#)

### **Toys**

[Delta Children MySize 9 Bin Plastic Toy Organizer](#)

[Gimars Easy Carrying 22x15" Well Standing Toy Chest](#)

**Laundry**

[Trademark Innovations Storage-TWR 28" Slim Slide Out Storage Tower for Laundry, Bathroom, or Kitchen](#)

**Makeup & Accessories**

[DreamGenius Makeup Organizer 4 Pieces Acrylic Jewelry and Cosmetic Storage Display Boxes](#)

**Garage**

[FLEXIMOUNTS 4x8 Overhead Garage Storage Rack Adjustable Ceiling](#)

[Bintopia 66601 Sport Storage Organizer, Black](#)